

Government College for Men(A), Kadapa

NSS Best Volunteer Participated in National Adventure Campe at Shimlala

S.No	Name Of the Volunteer	Participation
1	C. Guru Sekhar, Group : Bsc(BZC) 4th year chemistry	National Adventure Camp at high altitude Trekking and Skiing Centre Narkada Shimla District, Himachal pradesh 15-11 2022 to 24-11-2022. National camp address : Narkhanda-171 213,shimla (D), Himachal pradesh (state) Camp Institute : Atal Bihari Vajpayee Institute Of Mountaineering And Allied Sports (ABVIMAS), Narkanda Centre

Participating in a National Adventure Camp in the Himachal Pradesh can be a transformative experience for college student, providing them with invaluable skills, knowledge, and memories.

Learning Outcomes from his experience:

- 1. Survival Skills:** One of the primary lessons from an adventure camp is survival skills. He learnt how to navigate challenging terrains, identify edible plants, source water, and build shelters. These skills are not only crucial for survival in the wild but also teach self-reliance and resourcefulness.
- 2. Teamwork and Leadership:** The camp setting requires student to work together to overcome obstacles. Student learn the importance of teamwork, effective communication, and leadership. These skills are essential in both personal and professional spheres.
- 3. Physical Fitness:** The rigorous activities, such as trekking, rock climbing, and rappelling, enhance physical fitness. Students learn the value of maintaining physical health, endurance, and stamina.
- 4. Environmental Awareness:** Exposure to the pristine shimla environment fosters a deep appreciation for nature. Students learn about the local flora and fauna, the importance of conservation, and the impact of human activities on ecosystems.
- 5. Mental Resilience:** Facing and overcoming physical and mental challenges builds resilience. Students learn to push their limits, manage stress, and develop a positive mindset in the face of adversity.

6. Cultural Exchange: The participants have diverse cultures and traditions. Students interact with local communities, gaining insights into their way of life, customs, and values. This cultural exchange broadens their horizons and fosters mutual respect.

Future Benefits of the student:

1. Enhanced Employability: The skills acquired during the camp, such as leadership, teamwork, problem-solving, and resilience, are highly valued by employers. These experiences can be highlighted in resumes and interviews.

2. Personal Growth: The confidence and self-reliance developed during the camp translate into personal growth. Students are better equipped to handle life's challenges and pursue their goals with determination.

3. Network Building: The bonds formed with fellow participants can lead to lifelong friendships and a strong professional network. These connections can be beneficial in future academic and career endeavors.

4. Health and Well-being: The emphasis on physical fitness and mental resilience contributes to overall well-being. Students are likely to continue practicing healthy habits learned during the camp.

5. Environmental Stewardship: The environmental awareness gained fosters a sense of responsibility towards the planet. Students are more likely to engage in sustainable practices and advocate for conservation efforts.

Conclusion

The National Adventure Camp in the Shimala offers the student a unique blend of learning, adventure, and personal growth. The survival skills, teamwork, and resilience developed during this experience are invaluable. The cultural interactions and natural beauty encountered enrich their perspectives. Ultimately, the camp prepares students for future challenges, enhances their employability, and instills a lifelong appreciation for nature and adventure.



జాతీయ ట్రెక్కింగ్ క్యాంపులో ఆర్ట్స్ కళాశాల విద్యార్థి

వైవీయూ : సిమ్లాలో ఈ నెల 15 నుంచి 24వ తేదీ వరకు నిర్వహిస్తున్న హైఅల్టిట్యూడ్ ట్రెక్కింగ్ అండ్ సైయింగ్ క్యాంపులో పాల్గొన్న వైవీయూ ఎన్ఎస్ఎస్ బృందంలో ఆర్ట్స్ కళాశాల విద్యార్థి గురుశేఖర్ పాల్గొన్నట్లు కళాశాల ప్రిన్సిపాల్ డా. జి. రవీంద్రనాథ్ తెలిపారు. కళాశాల ఎన్ఎస్ఎస్ వలంటీర్ జాతీయస్థాయి ట్రెక్కింగ్ క్యాంపునకు ఎంపికవడంపై ఎన్ఎస్ఎస్ పీఓలు శివరామకృష్ణ, నాగరాజు, సావిత్రి అభినందనలు తెలిపారు.



ట్రెక్కింగ్ క్యాంపులో వైవీయూ ఎన్ఎస్ఎస్ వలంటీర్ల బృందం







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The following NSS Volunteers from Various Colleges attended to National Adventure Camp at High Altitude Trekking & Skiing Centre, Narkada Shimla District, Himachala Pradesh from 15-11-2022 to 24-11-2022.

S.No	Name of the Volunteer	Course	Name of the College
1	P. Savyasachi	B.Com	CSSR & SRRM Degree College, Kamalapuram
2	P. Amjad Alikhan	B.Sc	Govt. Degree College, Rajampeta
3	C. Gurusekhar	B.Sc	Govt. Degree College for Men, Kadapa
4	K. Deepak Babu	B.Com	SBVR Degree College, Badvel
5	M. Naga Balaji	MBA	Yogi Vemana University College, Kadapa
6	Y. V. Subbamma	B.A	Govt. Degree College, Rajampeta
7	G.Sandhya	B.Com	SBVR Degree College, Badvel
8	G Sowmya	B.Sc	CSSR & SRRM Degree College, Kamalapuram
9	G. V. L. Kousalya	MBA	Yogi Vemana University College, Kadapa
10	N. Venkata Divya	B.Sc	Govt. Degree College, Vempalli


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